



WEDNESDAY 8	THURSDAY 9	FRIDAY 10	SATURDAY 11
CADAVER COURSE	AACS ANNUAL SCIENTIFIC MEETING		



DAY-BY-DAY PROGRAM

Unless otherwise noted, all meeting rooms are located in the Manchester Grand Hyatt San Diego.
Current as of 1/19/23

Wednesday/February 8, 2023

6:45AM	Bus loads for Body Cosmetic Surgery Cadaver Workshop Kettner Entrance, next to Brew 30 Taphouse (Lobby Level) Departs at 7:00AM
8:00AM-5:00PM	Body Cosmetic Surgery Cadaver Workshop (ticketed) offsite at UCSD CFS
1:00PM-6:00PM	Exhibitor Set-Up Grand BCD (Lobby Level)
3:00PM-7:00PM	Registration Open Grand Hall Foyer (Lobby Level)
3:00PM-7:00PM	Speaker Ready Room Nautical (4th Level)
5:30PM-6:00PM	Moderators Meeting Grand A (Lobby Level)
6:00PM-7:00PM	AACS Training Fellows Meet & Greet Cocktail Hour Grand Lobby Bar (Lobby Level)
6:30PM-8:00PM	AACS Board of Trustees Meeting Boardwalk (Lobby Level, outside)
8:00PM-10:00PM	Ancillary Meeting: ABCS Board of Trustees Meeting Regatta A

Thursday/February 9, 2023

7:00AM-6:00PM	Registration Grand Hall Foyer (Lobby Level)
7:00AM-6:00PM	Speaker Ready Room Nautical (4th Level)
7:30AM-8:30AM	Breakfast with Session Grand Hall Foyer (Lobby Level)
8:00AM-9:00AM	Session 1: Opening & Keynote Grand A (Lobby Level)



Session 1: Opening & Keynote

Moderator
Alex Sobel, DO, FAACS

8:00AM-8:10AM	10	Welcome	Alex Sobel, DO, FAACS
8:10AM-8:20AM	10	President's Address	J. Kevin Duplechain, MD, FAACS, FACS
8:20AM-8:25AM	5	Tips for a Successful Congress Experience	Victoria Ceh, MPA
8:25AM-8:30AM	5	Keynote Speaker Introduction	Robert W. Alexander, MD, DMD, FICS
8:30AM-9:00AM	25	Autologous Biological Preparations in Cosmetic and Plastic Reconstructive Procedures: Amicus or Adversary?	Peter Everts, PhD, FRSM
8:30AM-9:15AM		Coffee Available Grand A Foyer (Lobby Level)	
9:15AM-10:30AM		Session 2: Body Contouring Grand A (Lobby Level)	
9:15AM-10:30AM		Session 3: Oculofacial Surgery Coronado CDE (4th Level)	
9:15AM-10:30AM		Session 4: Allied Health Coronado AB (4th Level)	

Session 2: Body Contouring

Moderators
E. Antonio Mangubat, MD, FAACS
Wilbur Hah, MD, FAACS

9:15AM-9:20AM	5	Moderator Introduction	E. Antonio Mangubat, MD, FAACS
9:20AM-9:32AM	12	Successful Back Contouring with Elimination of Back Rolls Using Ultrasound Assisted Liposuction and Helium Activated Radiofrequency	Hamid Mirzania, MD
9:32AM-9:44AM	12	Early Analysis of Average Energy Applied (J/cm ²) by Body Area for Procedures with Helium Based Plasma Device Technology for Coagulation of Soft Tissue	Michael S. Kluska, DO, FAACS, FACOS
9:44AM-9:56AM	12	A Retrospective Review of 84 Patients for Safety in Gynecomastia Procedures with Helium Based Plasma Device Technology for Coagulation of Soft Tissue	Ed Zimmerman, MD
9:56AM-10:08AM	12	An Innovative Handpiece Combination of Ultrasound and Fat Injecting Cannula	Mohammed A. Alsufyani, MD, FAACS
10:08AM-10:20AM	12	Female Breast Contouring by Liposuction and Fat Transfer Procedures	Neil C. Goodman, MD, FAACS
10:20AM-10:30AM	10	Q&A Discussion	



Session 3: Oculofacial Surgery

Moderators

Wade Brock, MD, FAACS, FACS

Tanuj Nakra, MD, FAACS, FACS

9:15AM-9:20AM	5	Moderator Introduction	Wade Brock, MD, FAACS, FACS
9:20AM-9:29AM	9	Repair of Post-Blepharoplasty Lower Eyelid Retraction with Cartilage Graft	Jonathan E. Buttram, MD
9:29AM-9:38AM	9	Customized Vector Fixation for Endoscopic Brow Lift	Karen R. Brown, MD
9:38AM-9:47AM	9	Upper Eyelid Crease Lowering Surgery	Kenneth D. Steinsapir, MD
9:47AM-9:56AM	9	Deep Double Anchoring Is a Useful Technique for Lower Lid Surgery and Ectropium Correction	Afschin Fatemi, MD
9:56AM-10:05AM	9	Lateral Canthopexy as a Simple Adjunct to Cosmetic Lower Eyelid Blepharoplasty: A Review of 230 Consecutive Cases	Karen R. Brown, MD
10:05AM-10:14AM	9	Results of Small Incision Subperiosteal Brow Lift in Male Patients with or Without Endoscopic Visualization	Jonathan E. Buttram, MD
10:14AM-10:23AM	9	Lower Blepharoplasty: How to Choose Between Fat Removal and Fat Repositioning	Tanuj Nakra, MD, FAACS
10:23AM-10:30AM	7	Q&A Discussion	

Session 4: Allied Health

Non-CME

Moderator

Gabriele Bellini

9:15AM-9:20AM	5	Moderator Introduction	Gabriele Bellini
9:20AM-9:33AM	13	How to Close Your Consults Like a Shark	Scott M. Blyer, MD, DDS, FAACS
9:33AM-9:46AM	13	The Marketing Ladder: Prioritization in a World of Confusion	Danielle Scott
9:46AM-9:59AM	13	Internet Marketing Budgets: Where You Should Spend Your Money at Each Stage of Your Practice	Tara Leifer
9:59AM-10:12AM	13	Use the Laws of Influence to Convert More Consults	Catherine Maley, MBA
10:12AM-10:25AM	13	Is Your Website ADA Compliant? Avoiding the \$50k+ Penalties	Vahe Tirakyan
10:25AM-10:30AM	5	Q&A Discussion	
10:00AM-7:00PM		Exhibits Viewing Grand BCD (Lobby Level)	
10:00AM-10:30AM		Poster Presenters Hang Their Posters Grand BCD (Lobby Level)	
10:30AM-7:00PM		Poster Viewing Grand BCD (Lobby Level)	



10:30AM-11:00AM	Coffee Break with Exhibits and Posters Grand BCD (Lobby Level)
11:00AM-12:30PM	Session 5: Face Lift Surgery Grand A (Lobby Level)
11:00AM-12:30PM	Session 6: Brazilian Butt Lift & Safety Coronado CDE (4th Level)
11:00AM-12:30PM	Session 7: Allied Health Coronado AB (4th Level)

Session 5: Face Lift Surgery

Moderators

J. Kevin Duplechain, MD, FAACS, FACS
James Koehler, MD, FAACS

11:00AM-11:05AM	5	Moderator Introduction	J. Kevin Duplechain, MD, FAACS, FACS
11:05AM-11:16AM	11	The "Temporal Brow Lift" as a Sole or Combination Procedure	Daria Hamrah, DMD, FAACS
11:16AM-11:27AM	11	Minimally Invasive Neck Reduction and Facial Sculpting	Richard H. Bensimon, MD
11:27AM-11:47AM	20	Inside-Out Facelift with No Facial Scars or Tragal Ear Deformities	Harvey Cole, MD, FAACS
11:47AM-11:58AM	11	Prospective Study Evaluating Safety and Efficacy of the Renuvion APR Device to Improve the Appearance of Lax Tissue in the Neck and Submental Region	Steven Cohen, MD, DDS
11:58PM-12:09PM	11	Deep Plane Face Lift	James Koehler, MD, FAACS
12:09PM-12:30PM	10	Q&A Discussion	

Session 6: Brazilian Butt Lift & Safety

Moderators

Wilbur Hah, MD, FAACS
Alton Ingram, MD, FAACS

11:00AM-11:05AM	5	Moderator Introduction	Wilbur Hah, MD, FAACS
11:05AM-11:18AM	13	The Gluts: AFT, Implants or Lift?	Robert A. Shumway, MD, FAACS, FACS
11:18AM-11:31AM	12	Gluteal Fat Grafting at 30 Years: Safety, Technique, and Changing Regulatory Environment	Alton Ingram, MD, FAACS
11:31AM-11:44AM	12	Can BBLs Be Safely Performed Consistently?	Wilbur Hah, MD, FAACS
11:44AM-11:57AM	12	5 Things You Can Do with an Ultrasound to Make You a Better Safer Surgeon	Scott M. Blyer, MD, DDS, FAACS
11:57PM-12:30PM	33	Q&A Discussion	



Session 7: Allied Health

Non-CME

Moderator
Marsha Steed

11:00AM-11:05AM	5	Moderator Introduction	Marsha Steed
11:05AM-11:19AM	14	Comparison of Opioid Sparing Post-operative Pain Management vs. Standard of Care in Facial Cosmetic Surgery	Monica Ray, MD
11:19AM-11:33AM	14	Improving Post-operative Outcomes with Modern Anesthesia Technique for Aesthetic Surgery (MATFAS)	Andrea Bensimon, RN
11:33AM-11:47AM	14	Importance of Patient Warming in Perioperative Care	Ann E. Hanson, RN, CNOR, RNFA
11:47AM-12:01PM	14	Power of Photo Imaging	Dominic Brandy, MD
12:01PM-12:15PM	14	An Organizational Education Effort to Address Psychiatric Disorders in Plastic Surgery Patients	Ellen Knot, RN
12:15PM-12:30PM	15	Q&A Discussion	
12:30PM-1:45PM		AACS Fellowship Lunch (ticketed) Coronado CDE (4th Level)	
12:30PM-2:00PM		Lunch Grand BCD (Lobby Level) <i>Registered attendees are welcome to enjoy a buffet lunch in the Exhibit Hall.</i>	
1:00PM-1:30PM		Satellite Symposium #1: Klara Grand A (Lobby Level) <i>Registered attendees are welcome to attend the Satellite Symposium. Advance registration is not required.</i>	

AACS Fellowship Lunch

Non-CME

Ticket price: Complimentary

Admission is free, but advance RSVP is required and available during registration. The AACS Fellowship Luncheon is open to all current Fellowship Program Directors, Fellowship Trainees, and those interested in becoming a director or trainee. Come to connect with colleagues and hear updates.

Moderator
Mohammad Banki, MD, DMD, FACS

12:30PM-12:35PM	5	Welcome & Introduction	Mohammad Banki, MD, DMD, FACS
12:35PM-12:45PM	10	What Is Indexing and How to Promote Your Article When It Gets Published	Alyssa Venezia
12:45PM-12:50PM	5	Questions & Answers	
12:50PM-1:00PM	10	Fellowship Program Updates	Mohammad Banki, MD, DMD, FACS
1:00PM-1:25PM	25	Open Microphone	



Satellite Symposium #1: Klara

Non-CME

1:00PM-1:30PM	30	Provide a Boutique Patient Experience Across the Entire Patient Journey <i>It can be difficult for practices to stand out today. Enter Klara, the conversational patient engagement platform that enables you to reimagine the patient experience. See how you can create high-touch, custom interactions throughout the patient journey - with minimal staff effort.</i>	Joe Lopez
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2:00PM-3:30PM **Session 8: Skin Rejuvenation** | Grand A (Lobby Level)

2:00PM-3:30PM **Session 9: Hair Restoration** | Coronado CDE (4th Level)

2:00PM-3:30PM **Session 10: Allied Health** | Coronado AB (4th Level)

Session 8: Skin Rejuvenation

Moderators

Lisa Chipps, MD, FAACS

Suzan Obagi, MD, FAACS

2:00PM-2:05PM	5	Moderator Introduction	Lisa Chipps, MD, FAACS
2:05PM-2:30PM	25	Deep Chemical Peels and How to Incorporate Them Into Your Practice	Richard H. Bensimon, MD
2:30PM-2:55PM	25	Fractionated Skin Resurfacing	Suzan Obagi, MD, FAACS
2:55PM-3:05PM	10	Treatment of Varicose Veins with Neodymium: Yag Laser	Aristides Arellano-Huacuja, MD, FICS
3:05PM-3:30PM	25	Q&A Discussion	

Session 9: Hair Restoration

Moderators

Marco Barusco, MD, FAACS, FISHRS

Timothy P. Carman, MD, FISHRS

Jerzy R. Kolasinski, MD, PhD, FISHRS

2:00PM-2:05PM	5	Moderator Introduction	Marco Barusco, MD, FAACS, FISHRS
2:05PM-2:20PM	15	How to Make the FUE Technique Perfect: 40 Steps to Harvest a Graft	Mauro Speranzini, MD, FISHRS
2:20PM-2:35PM	15	Review of Anesthesia for Hair Transplantation	Grace Do, BS
2:35PM-2:50PM	15	FUE and FUT: Are they complementary or competitive?	Marco Barusco, MD, FAACS, FISHRS
2:50PM-3:05PM	15	The Role of FUE Technique in Corrective Surgery	Jerzy R. Kolasinski, MD, PhD, FISHRS
3:05PM-3:20PM	15	Most Common Complications in Hair Transplant Surgery	Timothy P. Carman, MD, FISHRS
3:20PM-3:30PM	10	Q&A Discussion	



Session 10: Allied Health

Non-CME

Moderators
Maxine Ferris
Jeremy Romaine, PA-C

2:00PM-2:05PM	5	Moderator Introduction	Maxine Ferris
2:05PM-2:17PM	12	Asset Protection 101 for AACS Members	David B. Mandell, JD, MBA
2:17PM-2:29PM	12	The Future of Cosmetic/plastic Surgery: Consolidation and Success	Erik J. Nuveen, MD, DMD, FAACS
2:29PM-2:41PM	12	Enhancing Profit Through Operational Efficiencies	Dawne O'Donoghue
2:41PM-2:53PM	12	Re-evaluate Your Practice by Realizing the World Through the Eyes of Your Patients	Mohsen Ghoreishi
2:53PM-3:05PM	12	Non-qualified Plans: A Hidden Tax Planning Gem for Cosmetic Surgeons	David B. Mandell, JD, MBA
3:05PM-3:17PM	12	Recruiting vs. Staffing: Keys to Attracting a Players	Danielle Scott
3:17PM-3:30PM	5	Q&A Discussion	
3:30PM-4:00PM		Coffee Break with Exhibits and Posters Grand BCD (Lobby Level)	
4:00PM-5:30PM		Session 11: Lips, Facial Injectables, Neurotoxins Grand A (Lobby Level)	
4:00PM-5:30PM		Session 12: Allied Health Coronado AB (4th Level)	

Session 11: Lips, Facial Injectables, Neurotoxins

Moderators
Lisa Chipps, MD, FAACS
Paul Denton, MD

4:00PM-4:05PM	5	Moderator Introduction	Lisa Chipps, MD, FAACS
4:05PM-4:14PM	9	Periocular Use of Renuva	Roxana Barad, MD, FAACS
4:14PM-4:32PM	18	Mastering Facial Rejuvenation: Culmination of Art, Aesthetics, and Techniques	Peter M. Schmid, DO, FAACS
4:32PM-4:41PM	9	The Need for Natural Looking Facial Harmonization	Sandra A. Swaby, MD
4:41PM-4:50PM	9	Gen Z to Boomers Jawline Sculpting Strategies	Walter W. Tom, MD, FAACS, FACS
4:50PM-4:59PM	9	Gummy Smile Road Map	Islam Kassem, BDS, MSc, FDS RCS
4:59PM-5:08PM	9	Technology as an Adjunct for Safe Placement of Dermal Fillers	Mohan Thomas, MD, DDS, FAACS
5:08PM-5:17PM	9	An Algorithm for Team Treatment of a Beautiful Smile	Laurence Rifkin, DDS
5:17PM-5:26PM	9	Minimally Invasive Neck Rejuvenation with LUXETITE RF Microneedling with PRP, Hyperdilute Caha Biomodulation, PDO Threading, and Botulinum Toxin	Sherryl Shipes, DO
5:26PM-5:30PM	4	Q&A Discussion	



Session 12: Allied Health

Non-CME

Moderators

Ann Hanson, RN, CNOR, RNFA

Catherine Maley, MBA

4:00PM-4:05PM	5	Moderator Introduction	Ann Hanson, RN, CNOR, RNFA
4:05PM-4:20PM	15	Smarketing = 5 Smart Marketing Strategies to Attract More Cosmetic Patients	Catherine Maley, MBA
4:20PM-4:35PM	15	Is Your Receptionist Killing Your Practice	Mark Mandell-Brown, MD, FAACS
4:35PM-4:50PM	15	Your Exit Plan: Planning Ahead for Retirement	David Mandell JD, MBA
4:50PM-5:05PM	15	Motivate Staff with Metrics That Matter	Giselle Prado-Wright, MD, MBA
5:05PM-5:20PM	15	Why Most Marketing Fails	Dana Fox
5:20PM-5:30PM	10	Q&A Discussion	

5:30PM-7:00PM

Top Gun Welcome Reception | Grand BCD (Lobby Level)

Join us as we celebrate “Top Gun” style! Try a specialty cocktail – “The Need for Speed” (Don Julio Blanco tequila and fresh lime juice with agave nectar and sage) or “The Danger Zone” (Tito’s Handmade vodka and fresh lime juice with agave nectar and ginger beer). Meet “Tom Cruise” and wear your aviator sunglasses. This lively reception will take place in the Exhibit Hall immediately following the day’s sessions. Enjoy cocktails and hors d’oeuvres before you head out for the evening. Open to registered attendees.

Friday/February 10, 2023

6:30AM-5:45PM	Registration Grand Hall Foyer (Lobby Level)
6:30AM-5:45PM	Speaker Ready Room Nautical (4th Level)
6:45AM-7:45AM	Breakfast with Session in Session rooms
7:00AM-8:30AM	Session 13: Male and Female Genitourinary Grand A (Lobby Level)
7:00AM-8:30AM	Session 14: Women in Cosmetic Surgery Session (ticketed) Coronado CDE (4th Level)
7:00AM-8:30AM	Session 15: Allied Health Coronado AB (4th Level)



Session 13: Male and Female Genitourinary

Moderators

Marco A. Pelosi, III, MD, FAACS, FACOG, FACS, FICS
Henry Ramirez, MD, FAACS, FACOG

7:00AM-7:05AM	5	Moderator Introduction	Marco A. Pelosi, III, MD, FAACS, FACOG, FACS, FICS
7:05AM-7:20AM	15	Scarless Labiaplasty	Henry Ramirez, MD, FAACS, FACOG
7:20AM-7:35AM	15	Wedge Labiaplasty: Tips and Tricks for More Natural Outcomes and Less Complications	Jamila Atannaz, MD
7:35AM-7:50AM	15	Penis Enlargement	Aristides Arellano-Huacuja, MD, FICS
7:50AM-8:00AM	10	Wedge Resection of Clitoris Hood for Clitoral Orgasmic Disorders	Ayman Elattar, MD
8:00AM-8:10AM	10	In Office Surgical Enhancement of the Penis with Fat Manipulations	Ayman Elattar, MD
8:10AM-8:25AM	15	Vaginoplasty	Marco A. Pelosi, III, MD, FAACS, FACOG, FACS, FICS
8:25AM-8:30AM	5	Q&A Discussion	

Session 14: Women in Cosmetic Surgery Session

Ticket price: \$25

The Women in Cosmetic Surgery (WiCS) Section is a special interest section within the AACS open to any AACS member. The goal of the WiCS Section is to enable women surgeons to develop their individual potential as professionals and promote an environment within the AACS that fosters inclusion, respect, and success. The WiCS Committee developed the WiCS Session to be inspirational, educational, and foster friendships and connections.

We encourage attendees to wear purple for this event.

Moderators

Roxana Barad, MD, FAACS
Suzan Obagi, MD, FAACS

7:00AM-7:05AM	5	Moderator Introduction	Roxana Barad, MD, FAACS, and Suzan Obagi, MD, FAACS
7:05AM-7:35AM	30	Speak Up, Dammit! Best Practices for Communicating in a Compelling Manner	Hope Timberlake
7:35AM-7:45AM	10	Questions & Answers	
7:55AM-8:25AM	30	Small Group Discussion Tables	
8:25AM-8:30AM	5	Closing Comments	Roxana Barad, MD, FAACS, and Suzan Obagi, MD, FAACS

Discussion Table Leaders

Roxana Barad, MD, FAACS
Suzan Obagi, MD, FAACS
Ruth Arumala, DO
Eve Bluestein, MD, DDS, FAACS
Cynthia A. Buono, DO

Aileen Caceres, MD
Lisa Chipps, MD, FAACS
Desmer Destang, DDS, MSC
Elise Ehland, DDS, FAACS
Alisha Jefferson, MD, FAACS

Dolores R. Kent, MD, FAACS
Soheila Rostami MD FAACS
Kashaf Sherafgan, MD
Hope Sherie, MD



Session 15: Allied Health

Non-CME

Moderators

Helena G. Nolan

7:00AM-7:05AM	5	Moderator Introduction	Helena G. Nolan
7:05AM-7:18AM	13	2023 Internet Marketing Strategies: Learn Google's New Policies and Marketing Tips	Tara Leifer
7:18AM-7:31AM	13	Accreditation and Physical Space Requirements	Marzi Emami Ghoreishi, AIA, NCARB
7:31AM-7:44PM	13	Social Media Horror Stories: How to Keep Them from Happening to You	Mark Mandell-Brown, MD, FAACS
7:44AM-7:57AM	13	The Biggest Problem in Marketing Today	Dana Fox
7:57AM-8:10AM	13	10 Tips to Use Artificial Intelligence, PPC, Facebook, and Instagram Together	Tara Leifer
8:10AM-8:30AM	20	Q&A Discussion	
8:30AM-9:15AM		Coffee Available Grand BCD (Lobby Level)	
8:30AM-4:30PM		Exhibits & Posters Viewing Grand BCD (Lobby Level)	
9:00AM-9:45AM		Session 16: Webster Lecture Grand A (Lobby Level)	

Session 16: Webster Lecture

Moderator

J. Kevin Duplechain, MD, FAACS

9:00AM-9:10AM	10	Introduction	J. Kevin Duplechain, MD, FAACS
9:10AM-9:35AM	25	2023 Webster Lecture	Jeffrey A. Klein, MD, MPH
9:35AM-9:45AM	10	Q&A Discussion	
9:45AM-10:30AM		Session 17: AACS Business Meeting & Service Awards Grand A (Lobby Level)	
10:00AM-10:30AM		Satellite Symposium #2: Legally Mine Coronado CDE (4th Level) <i>Registered attendees are welcome to attend the Satellite Symposium. Advance registration is not required.</i>	



Session 17: AACS Business Meeting & Service Awards

Moderator

J. Kevin Duplechain, MD, FAACS

Non-CME

9:45AM-10:30AM 45 Annual Member Business Meeting

J. Kevin Duplechain, MD, FAACS

Satellite Symposium #2: Legally Mine

Non-CME

10:00AM-10:30AM 30 **Proper Use of Legal Entities for Lawsuit Protection and Tax Reduction**

Gary Harker

Legally Mine will show you how to stop the threat of lawsuits before they ever get started by protecting your assets in time tested and proven legal structures. These same structures allow us to help our tax attorneys save what you would normally pay in income taxes. These are little known tax helps that have significant case history and have stood the test of time.

10:30AM-11:00AM **Coffee Break with Exhibits and Formal Poster Session** | Grand BCD (Lobby Level)

Scientific Poster Presenters will stand next to their posters during this coffee break. Attendees will have the opportunity to ask questions of poster presenters.

11:00AM-12:30PM **Session 18: Breast** | Grand A (Lobby Level)

11:00AM-12:30PM **Session 19: Rhinoplasty** | Coronado CDE (4th Level)

11:00AM-12:30PM **Session 20: Allied Health: Inject Like the Pros** | Coronado AB (4th Level)



Session 18: Breast

Moderators

Jacob Haiavy, MD, DDS, FAACS, FACS

Samir Pancholi, DO, FAACS

11:00AM-11:05AM	5	Moderator Introduction	Jacob Haiavy, MD, DDS, FAACS, FACS
11:05AM-11:15AM	10	Internal Capsule Elevation (Sutureless Capsulorrhaphy)	Marc Yune, MD, FAACS
11:15AM-11:35AM	20	Mastopexy or Reduction with Augmentation	Howard Tobin, MD, FAACS, FACS
11:35AM-11:45AM	10	Breast Augmentation and Cancer	Andre Berger, MD
11:45AM-11:55AM	10	Fat Grafting Combined with Internal Tissue Expansion: A Promising Option for Breast Reconstruction After Total Mastectomy	Jerzy R. Kolasinski, MD, PhD, FISHRS
11:55AM-12:05PM	10	Precise Planning of the Postoperative IMF Location in Breast Augmentation	Ehab Akkary, MD, FAACS, FACS
12:05PM-12:15PM	10	Mastery of Inferior Central Pedicle Breast Reduction: Pearls and Pitfalls	Robert F. Jackson, MD, FAACS, FACS
12:15PM-12:25PM	10	Frequency and Factors Associated with Meeting BMI Requirements for Breast Reduction	America S. Revere, MD
12:25PM-12:30PM	5	Q&A Discussion	

Session 19: Rhinoplasty

Moderators

James Koehler MD, FAACS

Daria Hamrah, DMD, FAACS, FADSA

11:00AM-11:05AM	5	Moderator Introduction	James Koehler MD, FAACS
11:05AM-11:20AM	15	The Tip Graft: "When, What, Why"	Daria Hamrah, DMD, FAACS
11:20AM-11:35AM	15	Dorsal Augmentation Using Autologous Grafting Materials: What Is the Best Way?	Shinji Nagao, MD
11:35AM-11:50AM	15	Rhinoplasty: A Hybrid, Inverse Approach	Lahari Surapaneni, MBBS, MS
11:50AM-12:05PM	15	Prefabricated Augmentation System for Nasal Dorsum Correction Using Dice Cartilage Graft and Fibrin Glue	Punit Dubey, MDS, FIBCSOMS
12:05PM-12:30PM	25	Q&A Discussion	



Session 20: Allied Health: Inject Like the Pros

Non-CME

Moderators

Gina Maccarone MD

Roxana Barad, MD, FAACS

11:00AM-11:05AM	5	Moderator Introduction	Gina Maccarone MD
11:05AM-11:15AM	10	Basic Anatomy, Liquid Rhinoplasty	Mark Mandell-Brown, MD, FAACS
11:15AM-11:30AM	15	Cheeks and Mid-face	Amber L. Allen, MD, FAACS
11:30AM-11:45AM	15	Lips	Gina Maccarone, MD
11:45AM-12:00PM	15	Tear Troughs	Roxana Barad, MD, FAACS
12:00PM-12:15PM	15	My Technique	J.D. McCoy, NMD
12:15PM-12:30PM	15	Hands and Buttocks Augmentation with Fillers Used as Bio-activators	Ed Zimmerman, MD

12:30PM-1:45PM **Ancillary Event: ABCS Diplomates Lunch** (ticketed) | Coronado CDE (4th Level)
Open to Diplomates of the American Board of Cosmetic Surgery. If you are interested in attending, please contact ABCS Central Office to register at phone: +1-219-836-8585.

12:30PM-2:00PM **Lunch** | Grand BCD (Lobby Level)
Registered attendees are welcome to enjoy a buffet lunch in the Exhibit Hall.

1:00PM-1:30PM **Satellite Symposium #3: TBA** | Grand A (Lobby Level)
Registered attendees are welcome to attend the Satellite Symposium. Advance registration is not required.

2:00PM-3:30PM **Session 21: Facial Cosmetic Surgery** | Grand A (Lobby Level)

2:00PM-3:30PM **Session 22: Liposuction** | Coronado CDE (4th Level)

2:00PM-3:30PM **Session 23: Allied Health** | Coronado AB (4th Level)



Session 21: Facial Cosmetic Surgery

Moderators

J. Kevin Duplechain, MD, FAACS

James Koehler, MD FAACS

2:00PM-2:05PM	5	Moderator Introduction	J. Kevin Duplechain, MD, FAACS
2:05PM-2:35PM	30	The Use of Artificial Intelligence in Facial Cosmetic Surgery	Bobby S. Korn, MD, PhD, FACS
2:35PM-2:45PM	10	Pearls of Face Lift Surgery	Steven Hopping, MD, FAACS
2:45PM-2:55PM	10	Pearls of Face Lift Surgery	James Koehler, MD FAACS
2:55PM-3:05PM	10	Pearls of Face Lift Surgery	Joseph Niamtu, III, DMD, FAACS
3:05PM-3:15PM	10	Pearls of Face Lift Surgery	J. Kevin Duplechain, MD, FAACS
3:15PM-3:30PM	15	Q&A Discussion	

Session 22: Liposuction

Moderators

Loek Habbema, MD

Alex Sobel, DO, FAACS

2:00PM 2:05PM	5	Moderator Introduction	Loek Habbema, MD
2:05PM-2:15PM	10	More Than 10 Years' Experience on Hi-Def Liposculpture: 10 Golden Rules to Avoid Complication and Unsatisfactory Results	Huseyin Kandulu, MD
2:15PM-2:25PM	10	Safety of Combined Use of Ultrasound and Power-assisted Liposuction in Local Anesthesia	Roland Boeni, MD
2:25PM-2:35PM	10	Simply Liposuction (KISS)	Robert A. Shumway, MD, FAACS, FACS
2:35PM-2:45PM	10	Minimizing Post-liposuction Fibrosis	Sandra A. Swaby, MD
2:45PM-3:05PM	20	Lipedema: Insights in Lipedema Anno 2023 - Diagnosis and Treatment	Loek Habbema, MD
3:05PM-3:15PM	10	Thread Lift as an Adjunct to Liposuction in Grade 3 Gynecomastia	Mohan Thomas, MD, DDS, FAACS
3:15PM-3:25PM	10	Liposuction with Local Anesthesia: Techniques for Minimizing Patient Perception of Pain	Giselle Prado-Wright, MD, MBA
3:25PM-3:30PM	5	Q&A Discussion	



Session 23: Allied Health

Non-CME

Moderators

Gabriele Bellini

2:00PM-2:05PM	5	Moderator Introduction	Gabriele Bellini
2:05PM-2:15PM	10	10-minute Practice Pearls	Dana Fox
2:15PM-2:25PM	10	10-minute Practice Pearls	Catherine Maley, MBA
2:25PM-2:35PM	10	10-minute Practice Pearls	Giselle Prado-Wright, MD, MBA
2:35PM-2:45PM	10	10-minute Practice Pearls	Danielle Steel
2:45PM-2:55PM	10	10-minute Practice Pearls	Vahe Tirakyan
2:55PM-3:05PM	10	10-minute Practice Pearls	Tara Leifer
3:05PM-3:30PM	25	Questions to the Panelists	

3:30PM-4:00PM **Coffee Break with Exhibits and Posters** | Grand BCD (Lobby Level)

4:00PM-5:30PM **Session 24: Regenerative Medicine** | Grand A (Lobby Level)

4:00PM-5:30PM **Session 25: Allied Health: Medical Legal Issues** | Coronado AB (4th Level)

Session 24: Regenerative Medicine

Moderators

Robert W. Alexander, MD, DMD, FICS

Kamran Dastoury, MD, DDS

4:00PM-4:05PM	5	Moderator Introduction	Robert W. Alexander, MD, DMD, FICS
4:05PM-4:35PM	40	Defining the Pearls of Regenerative Biologics in Aesthetic, Plastic Reconstructive Surgery, Traumatology, and Complicated Wounds	Peter Everts, PhD, FRSM
4:35PM-5:05PM	40	Power of Adipose Tissue Complex in Aesthetic Surgery, Regenerative Medicine, and Wound Healing	Robert W. Alexander, MD, DMD, FICS
5:05PM-5:30PM	5	Q&A Discussion	



Session 25: Allied Health: Medical Legal Issues

Non-CME

Moderators

Amber L. Allen, MD, FAACS

Mark Mandell-Brown, MD, FAACS

4:00PM-4:05PM	5	Moderator Introduction	Amber L. Allen, MD, FAACS
4:05PM-5:05PM	60	How to Keep Difficult Patients and Lawyers from Circling Your Practice	Jeff Segal, MD, JD
5:05PM-5:20PM	15	Battling the FDA and Winning	Sean Berman
5:20PM-5:30PM	10	Q&A Discussion	

7:00PM-11:00PM **Webster Society Gala** (ticketed) | Seaview Restaurant

Ticket price: \$0 (for Webster Society donors)

\$125 for Physicians or Allied Health (non-donors)

\$50 for Residents (non-donors)

You are cordially invited to attend our elegant Webster Society Gala – “Under the Sea at Seaview” – and have fun with your friends and colleagues. We will celebrate the three pillars of the Cosmetic Surgery Foundation – education, research, and patient safety – and honor our 2023 Webster Lecturer, Dr. Jeffrey Klein. The evening will include a cocktail hour on the lovely patio followed by dinner and entertainment. There will be a short awards ceremony. Advance registration is mandatory and tickets may be purchased when registering for the meeting.

Dr. Richard Webster’s Legacy (1918-1994)

Richard Webster, MD referred to as “the father of cosmetic surgery,” was instrumental in the formation of the American Academy of Cosmetic Surgery. As the first AACS President, 1985-1987, his organizational practices reflected his vision of cosmetic surgeons from multiple surgical specialties teaching and learning from one another.

As AACS continues to grow and change, Dr. Webster’s philosophy still guides the organization and is reflected in the current mission statement, a “multi-disciplinary professional association advancing excellence and safety in cosmetic surgery and aesthetic medicine.” His emphasis on education is built into a current strategic pillar, “AACS seeks to raise the standard of cosmetic surgical practice and improve the quality of care for cosmetic surgery patients.”

Dr. Webster’s legacy is weaved into the Annual Scientific Meeting programming. The Cosmetic Surgery Foundation Webster Lecturer recognizes a leader that has advanced the cosmetic surgery specialty. Webster Society donations fund cosmetic surgery education for the next generation of cosmetic surgeons. Finally, Dr. Webster’s lasting imprint is celebrated at the Webster Dinner.



Saturday/February 11, 2023

7:15AM-3:15PM	Registration Grand Hall Foyer (Lobby Level)
7:15AM-3:00PM	Speaker Ready Room Nautical (4th Level)
7:15AM-8:15AM	Breakfast with Session Grand A (Lobby Level)
7:30AM-8:30AM	Session 26: Breakfast with the Experts Grand A (Lobby Level)

----- Session 26: Breakfast with the Experts

Open to all attendees on a first-come, first-served basis. This is an informal session for small groups to discuss a specific topic as noted on the list. The round tables will be labeled with a topic and table leaders' names. You may sit at any table you like and rotate to as many tables as you wish.

Bring your questions! The idea is to have dialogue among those interested in the topic - an interesting conversation. These are not formal presentations.

Moderator

Mohammad Banki, MD, DMD, FAACS

	Table Topics	Table Leaders	
1	Endoscopic Brow Lift vs. Open Approach	Angelo L. Cuzalina, MD, DDS, FAACS	
2	Facelift: Deep Plane vs Short Flap Plications	Joseph Niamtu, III, DMD, FAACS	
3	Breast Lift with Simultaneous Augmentation: Various Open Techniques vs. Tailor-Tacking Techniques	James Koehler, MD, FAACS	Samir Pancholi, DO, FAACS
4	Liposuction	Robert Shumway, MD, FAACS, FACS	
5	TUBA and Tummy Tuck: Formal vs. Lipoabdominoplasty, Indications for a Mini, etc.	Howard Tobin, MD, FAACS	Jacob Haiavy, MD, DDS, FAACS
6	Injectables, Threads & Technology	Suzan Obagi, MD, FAACS	Edward Zimmerman, MD
7	Fat Grafting, Stroma, Plasma	Robert W. Alexander, MD, DMD, FICS	
8	Webster Tradition: The Origins of AACS and ABCS	Robert Jackson, MD, FAACS, FACS	Peter B. Canalia, JD
9	Brazilian Butt Lift: How to Perform It Safely	Jeff Swetnam, MD, FAACS, FACS	
10	Brachioplasty/Skin Tightening: Blade vs Technology	Mark Mandell-Brown, MD, FAACS	J. Kevin Duplechain, MD
11	Practice Buyout & EBITDA	Erik Nuveen, MD, DMD, FAACS	Alberico Sessa, MD, FAACS

8:15AM-9:00AM	Coffee Available Grand BCD (Lobby Level)
8:15AM-12:30PM	Posters Viewing Grand BCD (Lobby Level)
8:15AM-1:30PM	Exhibits Viewing Grand BCD (Lobby Level)



8:30AM-8:45AM **Poster Awards** | Grand A (Lobby Level)

8:45AM-9:45AM **Session 27: Trending Devices & Products Panel** | Grand A (Lobby Level)

Session 27: Trending Devices & Products Panel

Moderator

J. Kevin Duplechain, MD, FAACS

8:45AM-8:50AM	5	Moderator Introduction	J. Kevin Duplechain, MD, FAACS
8:50AM-9:05AM	15	The Latest Update on Long-Duration Neurotoxin	TBA
9:05AM-9:17AM	12	How I Use Biostimulators in My Practice	Edward Zimmerman, MD
9:17AM-9:29AM	12	Understanding Helium-Based Plasma	TBA
9:29AM-9:41AM	12	Current Trends in Skin Resurfacing	J. Kevin Duplechain, MD, FAACS
9:41AM-9:45AM	4	Q&A Discussion	

9:00AM-10:30AM **Session 29: Residents Forum** | Coronado AB (4th Level)

Session 29: Residents Forum

Moderators

Suzan Obagi, MD, FAACS

Ruth Arumala, DO

9:00AM-9:10AM	10	Moderator Introduction	Suzan Obagi, MD, FAACS
9:10AM-9:20AM	10	What Makes AACS Unique	Brittany Eidson, DDS
9:20AM-9:30AM	10	What Cosmetic Surgery Fellowship Program Directors Look for in Applicants	Jacob Haiavy, MD, DDS, FAACS, FACS
9:30AM-9:40AM	10	Day in the Life of a Cosmetic Surgery Training Fellow	Daniel Kirk, MD, DMD
9:40AM-9:50AM	10	Day in the Life of a Cosmetic Surgery Training Fellow	Anthony Congiusta, MD, DDS
9:50AM-10:00AM	10	Board Certification, Why It Is Important	Mohammad Banki, MD, DMD, FACS
10:00AM-10:05AM	5	Benefits of Transitioning into Different Practice Settings: Solo Practice	Daisy Ayim, MD, FACOG
10:05AM-10:10AM	5	Benefits of Transitioning into Different Practice Settings: Small Group Practice	Claudia Kim, DO
10:10AM-10:15AM	5	Benefits of Transitioning into Different Practice Settings: Corporate Setting	George Hahm, MD, MBA, FAACS, FACS
10:15AM-10:30AM	15	Q&A with Recent Training Fellows	



9:45AM-10:30AM **Session 28: How You Do Social Media** | Grand A (Lobby Level)

Session 28: How You Do Social Media

Moderators
Dana Fox
Joseph J. Castellano, MD, FAACS, FACS

9:45AM-9:50AM	5	Moderator Introduction	Dana Fox
9:50AM-10:00AM	10	Best Practices for Social Media	Dana Fox
10:00AM-10:10AM	10	Social Media Success Story	Dominic Brandy, MD
10:10AM-10:30AM	20	Q&A Discussion	

10:30AM-11:00AM **Coffee Break with Exhibits and Posters** | Grand BCD (Lobby Level)

11:00AM-12:30PM **Session 30: Abdominoplasty** | Grand A (Lobby Level)

11:00AM-12:30PM **Session 31: New Surgeons Session** | Coronado AB (4th Level)

Session 30: Abdominoplasty

Moderators
Justin Gusching, DO, FAACS
Joseph J. Castellano, MD, FAACS, FACS

11:00AM-11:05AM	5	Moderator Introduction	Justin Gusching, DO, FAACS
11:05AM-11:15AM	10	Effect of Abdominoplasty on Stress Incontinence: A Single Center Analysis of 110 Patients	Mohan Thomas, MD, DDS, FAACS
11:15AM-11:30AM	10	Saldanha Abdominoplasty	Ehab Akkary, MD, FAACS, FACS
11:30AM-11:40AM	10	Saucedo High-definition Abdominoplasty	Miguel Saucedo López Olivera, MD, PhD
11:40AM-11:50AM	10	Mommy Makeover: Magic or Menace	Robert A. Shumway, MD, FACS, FAACS
11:50AM-12:00PM	10	T-line Mesh Reinforcement of Moderate to Severe Diastasis Recti: A Report of 2700 Cases	Erik J. Nuveen, MD, DMD, FAACS
12:00PM-12:10PM	10	Repair of Epigastric and Umbilical Hernias with Titanium Mesh During Abdominoplasties	Ziya Saylan, MD
12:10PM-12:20PM	10	Routine Complexity: Safety of Long, Complex Operations with General and Local Anesthesia	Filiberto Rodriguez, MD, FACS, FAACS
12:20PM-12:30PM	15	Q&A Discussion	



Session 31: New Surgeons Session

Moderators

George Hahm, MD, FAACS, FACS

Christopher S. McDaniel, MD, DDS, FAACS

11:00AM-11:05AM	5	Moderator Introduction	George Hahm, MD, FAACS, FACS
11:05AM-11:18AM	13	Social Media Trends and Influencer Marketing	Vahe Tirakyan
11:18AM-11:31AM	13	Retargeting and Geofencing: 10 Tips to Enhance the Digital Patient Journey	Tara Leifer
11:31AM-11:57AM	26	How to Design Your Office and Operatory to Unlock Your Potential	Ray Fox and Alex Sobel, DO, FAACS
11:57AM-12:10PM	13	How to Build a Sticky Practice with Loyal Patients	Giselle Prado-Wright, MD, MBA
12:10PM-12:23PM	13	Unlocking the Patient Journey to Improve the Patient Experience	Dawne O'Donoghue
12:23PM-12:30PM	7	Q&A Discussion	
12:30PM-1:30PM		Final Exhibit Hour: Lunch & Libations Grand BCD (Lobby Level) <i>Join us for the final hour of exhibits and enjoy a buffet lunch and libations in the Exhibit Hall. Available to registered attendees.</i>	
12:30PM-1:30PM		Posters Dismantle Grand BCD (Lobby Level)	
1:30PM-3:00PM		Session 32: Complications Grand A (Lobby Level)	
1:30PM-5:30PM		Exhibits Dismantle Grand BCD (Lobby Level)	

Session 32: Complications

Moderator

J. Kevin Duplechain, MD, FACS, FAACS

Alex Sobel, DO, FAACS

1:30PM-1:35PM	5	Moderator Introduction	J. Kevin Duplechain, MD, FACS, FAACS
1:35PM-1:50PM	15	Complications in Hair Restoration Surgery	Marco Barusco, MD, FAACS, FISHRs
1:50AM-2:05PM	15	Abdominoplasty Complications	Dr. Phu Do, MD, FAACS
2:05PM-2:20PM	15	Complication TBA	TBA
2:20PM-3:00PM	40	Q&A Discussion	



Scientific Posters

POSTER	TITLE	PRESENTER
P01	The Impact of Skeletal Transformations in Facial Cosmetic Surgery	Brayann O. Aleman DMD, MSD
P02	Fat Transfer Improves Wrinkles	Aristides Arellano-Huacuja, MD, FICS
P03	Galactorrhea in Breast Augmentation	Aristides Arellano-Huacuja, MD, FICS
P04	Anchor Suture During Platysmaplasty Prevents Late Platysmal Banding	Karen R. Brown, MD
P05	Optimizing Midface Symmetry with Free Fat Grafting in Lower Lid Blepharoplasty	Karen R. Brown, MD
P06	Parotid Surgery with Concurrent Bilateral Rhytidectomy	Scott Bueno, MD, DDS
P07	Complications in Abdominoplasty	Phu M.Do, MD, FAACS
P08	Comparison of Allograft Adipose Matrix with Hyaluronic Acid Filler in the Tear Trough	Brittany Eidson, DDS, FACS
P09	Laser-assisted Facial Liposuction	Daniel Gallaga, MD, IBCS
P10	Systematic Review of the Comparison of Hyaluronic Acid Against Calcium Hidroxapatite in Facial Volume Replacement	Daniel Gallaga, MD, IBCS
P11	Early Postop Topical Cyclosporine to Minimize Dry Eye After Ptosis Surgery	Michael Gaspari, DO
P12	Giant Papillary Conjunctivitis Presenting Months After Permanent Eyebrow Tattooing	Michael Gaspari, DO
P13	Three Must Haves When Designing and Building Your New Aesthetic Practice	Mohsen Ghoreishi, MA
P14	Facial Aging Study	Steven Halepas, MD, DMD, FACD
P15	Cosmetic Surgery Options for Patients After Bariatric Surgery	Marina Handal, Jenna Handal (presenters), Kandace Kichler, MD, FACS (co-author)
P16	Mononuclear Autologous Stem Cell Therapy for Diabetic Foot Ulcer	Aparna Kanungo, MBBS, MS, MCh
P17	Patient Characteristics Who Present to an Urogynecology Clinic for Cosmetic Genital Surgery	Alexis May Kimble, DO
P18	CSH Classification of the Chest Shape	Jerzy R. Kolasinski, MD, PhD
P19	Treatment of the Vulva Vagina Atrophy Without EBD	Gustavo H. Leibaschoff
P20	How to Make \$50K in One Hour	Catherine Maley, MBA
P21	Psychological Patient Assessment Revisited: Importance of Patient Selection	Ellen V. Knott, RN, RNFA, CNOR
P22	Application of the Vertical Axillary Line for High-definition Liposuction and Body Contouring	Hamid Mirzania, MD
P23	Modified Abdominal Skin Resection: A Novel Approach to High-definition Body Contouring of the Abdomen	Hamid Mirzania, MD
P24	Chin Implant or Sliding Genioplasty: Are the Indications the Same for Advancement of the Chin	Michael P. Morrissette, DDS, FACS



POSTER	TITLE	PRESENTER
P25	Reconstruction of Craniofacial Abnormalities in Duplicated Pituitary Gland Plus Syndrome During Infancy	Arif Musa, MD, MS
P26	Helium Plasma Assisted Mastopexy	Chris Nichols, MD
P27	Ethical Operative Efficiency: A Comparison of Efficiency and Outcomes Between a Single Operator, Single Operator/fellow, Single Operator/first Assist	Erik J. Nuveen, MD, DMD, FAACS
P28	Transumbilical Silicone Breast Augmentation	Gabriel H. Patino, MD, FAACS, FASCBS, FCACS, FASCOP
P29	The Perfect Consultation: Simulation, the 3 P's, and ABC	Giselle Prado-Wright, MD, MBA
P30	Abdominoplasty, Combined with a Complete Pelvic Floor Repair in Female Patients After Massive Weight Loss: A Safety Issue?	Jimmi Rios, MD
P31	Abdominal and Upper Arm Tightening with Helium and RF Energy Following an Ultrasound Fat Reduction	Ziya Saylan, MD
P32	Repair and Support of Epigastric and Umbilical Hernias with Titanium Mesh During Abdominoplasties	Ziya Saylan, MD
P33	2023 Trends in Website Design: Doubling Conversion Percentage Through Website Updates	Danielle Scott
P34	Mastering Gynecomastia Surgery	Alberico J. Sessa, MD, FAACS
P35	Sectional Face Lifts	Robert A. Shumway, MD, FAACS, FACS
P36	TUBA vs Gel Breast Augmentation	Robert A. Shumway, MD, FAACS, FACS
P37	Tridimensional Body Contouring: Eight Tips for Better Outcomes	Carlos R. Veliz, MD
P38	A Retrospective Review of Ultrasound-assisted Liposuction Procedures Performed with or Without Helium-based Plasma Technology as an Adjunct Procedure	Edward Zimmerman, MD (presenter), Paul G. Ruff IV, MD, FACS (co-author)

